



Guide book

- Typical Markets / p.2
- Beaches / p.3
- Food & Wine / p.4-6
- Bike / p.7
- Small Villages / p.8-9
- Folklore, Events / p.10-11

TYPICAL MARKETS

Beautiful and characteristic, the markets represent the craftsmanship and the culture of Puglia. For antiques, ceramics and local products, every Sunday throughout the vicinity, you can find them.

Every element is reminiscent of ancient traditions, scents, sounds and tastes ..objects that tell a story, flavours and smells you have never experienced and will immerse you in the roots of Puglia.

Below is a short list of markets nearby:

<http://www.nonsoloferrivecchi.it/mercatini/mercatini-della-puglia/>

Grottaglie: first Sunday of the month, via Matteotti

Ostuni: second Sunday of the month, Porta San Demetrio

Martina Franca: third Sunday of the month, via Della Libertà

Monopoli: fourth Sunday of the month, piazza XX Settembre

Beaches

The strategic central position of Ostuni Art Resort allows one to reach both coasts easily, from which you can admire the most beautiful beaches in Puglia. From the blue waters of the Adriatic Sea to the crystalline ones of the Ionian Sea From the strips of fine white sand to half-moons of pebbles From well-equipped tourist beaches to tiny unexplored paradises....

Below is a list of recommended beaches:

MAR ADRIATICO

- White Ostuni Beach Club, Contrada Monticelli, Località Quarto di Monte, Ostuni (BR), tel.393.5313714, www.whiteostuni.it
- Coccaro Beach Club, Contrada Pantanelli, 72, 70043 Capitolo, Monopoli BA, tel.0804123467, www.coccarobeachclub.com
- La dolce Vita, Contrada Santa Lucia, 72017 Località Costa Merlata, Ostuni BR tel.380 894 5574
- La Castellana, Savelletri di Fasano, Fasano (BR), tel.080.2255000, www.borgoegnazia.it
- Viar Beach club, Via del Procaccia 72017 (BR) Ostuni 0831350020

MAR IONIO

- Lido Tuareg, Campo Marino di Maruggio, via Dante angolo via Caboto, Litoranea Salentina (TA), tel.338.9807861,
- Le Cinque Vele, Lit. Gallipoli – S.M. di Leuca, Salve (LE) 3288094738.

FOOD & WINE

MASSERIE

Savor the fruits collected from the trees within the property. Depending on the season, you will find figs, apricots, mulberries, blackberries, apples, almonds and pomegranates and many many olives ... Do not miss the visit to the nearby farms where you can taste and buy local dairy products such as burrata and mozzarella..

www.fragnite.it

www.masseriaseppunisi.com

Our favorite restaurants and some typical bakeries!

OSTUNI

Restaurants

- Taverna della gelosia (cucina pugliese), via Tommaso Andriola 26, tel.0831.334736, www.tavernadellagelosia.it
- Ristorante Cielo (stella Michelin), via Scipione Petrarolo 7, tel.0831.305925, www.lasommita.it
- Osteria del Tempo Perso (cucina pugliese), via G.Tanzarella Vitale 47, tel.0831.301982, www.osteriadelttempoperso.com
- Pizzeria Mister Pomes, viale Aldo Moro 7d, tel.0831.1981659

Bakeries

- Panificio Greco, via Vittorio Continelli 82, tel.0831.301982

FOOD & WINE

CEGLIE MESSAPICA

Restaurants

- Cibus (cucina pugliese), via Chianche di Scarano 7, tel.0831.388980, www.ristorantecibus.it
- Al Fornello da Ricci (cucina pugliese), via Delle Grotte 11, tel.0831.377104, www.alfornellodaricci.it

Bakeries

- L'antico Forno a Legna di Grazia Gigliola, via Ricasoli 47, tel.0831.388380

CISTERNINO

Restaurants

- Rosticceria L'antico borgo (carne-macelleria), via Tarantini, tel.080.4446400, www.rosticceria-lanticoborgo.it
- Taverna della torre (cucina pugliese), via S.Quirico 3, tel.080.4449264, www.tavernadellatorre.it

Bakeries

- Al vecchio forno dei Fratelli d'Aversa, p.zza Mazzini 12, tel.080.4446744, www.panificioalvecchioforno.com

FOOD & WINE

POLIGNANO A MARE

Restaurants

- Tuccino (pesce), via S.Caterina 69f, tel.080.4241560, www.tuccino.it
- Hotel Ristorante Grotta Palazzese, via Narciso 59, tel.080.4240677, www.grottpalazzese.it

Do not miss a visit to an underground olive press and an olive oil tasting. You will find these in the immediate vicinity, in particular in the plain of the thousand and year old olive trees on the outskirts of Ostuni. On Saturday, a local produce market is held in Ostuni, where seasonal vegetables and many other local products are found.

www.masseriabrancati.com

www.masserialfrantoio.it

BIKE

Among the many attractions that Ostuni offers, of particular interest are the wonderful cycling routes.

Olive trees, farms (oil and dairy products) and fruit trees along the bike path ... Cycling enthusiasts can cycle along unforgettable paths, between nature and art.

Moreover, in Puglia bikes travel free by train! This will allow you to travel without borders and to visit places that seem much further away.

There are also many possibilities for trekking lovers.

NB: We recommend always using a helmet, some paths may include paths with cars, and it may be useful to use a guide from the bike rental shops.

www.taxiostuni.net

www.ciclovagando.com

www.ostuniaruoatalibera.it

www.naturebikecisternino.it

VILLAGES

Reaching some places means traveling ... Let yourself be guided by curiosity!
You will discover villages, towns and cities you never expected:

Ostuni

Ostuni is one of the most famous places in Salento. Better known as the White City for its characteristic color, this town is a renowned seaside resort that for years has been receiving the Blue Flag and the Five Sails of Legambiente for cleanliness and for the quality of services it offers. Characterized by small streets, it is a succession of piazzas, winding passages and courtyards. At the top of the hill rises the Cathedral and the Episcopal Palace. It is a true spectacle!

Do not miss the municipalities of:

- **Martina Franca**

It is a combination of history and art skillfully united by extreme elegance. Enriching the historic center are the many churches and characteristic white houses that grow vertically and disappear into the winding streets.

- **Grottaglie**

In addition to being known as the “City of Grapes” due to its numerous cultivations of vines, it is also nicknamed the “City of Ceramics” thanks to its local craftsmanship. More than 50 boutiques, in which generations of artisans have been handed down the techniques that give life to these objects of art, have made this town world-famous.

- **Polignano**

Known as the “Pearl of the Adriatic”, it is famous for its crystal-clear sea and sheer cliffs carved entirely by the sea, and also thanks to its wonderful historic center rich in Byzantine, Arabic and Spanish influences.

VILLAGES

- **Alberobello**

Famous for its characteristic houses, the Trulli, that can be admired throughout the area, and in 1996 recognized as a World Heritage Site.

- **Locorotondo**

Built on a terraced hill, it recalls the characteristic shape of the historic center, small white houses arranged in concentric rings.

... And the cities of:

Bari

The hypnotic old Bari lying on the Adriatic and the elegant Murattiano district create an extraordinary contrast and make this city extremely fascinating.

Lecce

The best example of the Apulian baroque with three luxurious gates to access the city. The Lecce stone distinguished by its warm yellow color and the wonderful Piazza Duomo make it the capital of Salento, one of the most beautiful cities in Italy.

www.borgostuni.it

www.viaggiareinpuglia.it

FOLKLORE

Street parties, food festivals, fairs, displays of art and folklore... Puglia is full of events of all kinds all year round!

The large turnout of citizens is not only an appearance, but is how local people really live, with a strong bond between religious faith and local events.

The importance of these events help susperceive the desire to propose diverse and entertaining solutions, unique in their kind.

The food festivals are countless throughout Puglia. Here are just a few, al though you will find events throughout the year:

- **May:** “Festa delle Ciliegie” and ‘La scamiciata’ in Fasano:a historical re-enactment in memory of the victorywon over the Turks.
- **June:** Night of San Giovanni in Ostuni.
- **July:** “Sagra delle Friselle” (famous hard bread forsoaking), “Festa del Fegatino” – Festival of the Snails–in Focaccia and Gelato.
- **August:** it is impossible to list the mall! Different festivals are held different every day throughout August. Among the most important is the Orecchiette festival (a typical pasta). Also La Notte della Taranta in Melpignano, is the biggest festival in Italy and one of the most significant manifestations of popular culture, and the Cavalcata di Sant’Oronzo in Ostuni.
- **September:** Grape Harvest Festival – Cisternino.
- **October:** Feast of the “new wine”.

FOLKLORE

Art and culture play a fundamental role in Puglia, which has always been filled by artistic and cultural influences. Throughout the year, a rich program of events with book presentations, fairs, musical events, theatrical performances and many art exhibitions, satisfy all tastes!

- Museum D'Arte Contemporanea Pino Pascali a Polignano.
- Museum Capitola di Arte Sacra.
- MAAC Museo Archeologico di Arte Contemporanea.
- Pinacoteca metropolitana di Bari
- Museum di scienze della terra
- Gallery of Doppelgaenger
- Foundation of Ettore Pomarici Santomasi

www.ostunipocket.it

www.valleditria.it



info@ostuniartresort.com
www.ostuniartresort.com